**Gweithgareddau Meithrin**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Wythnos 3** | | | | |
| 1 | 2 | 3 | 4 | 5 |
| Dechreuwch greu fwrdd stori. Tynnwch lun tri bwyd o’ch dewis o’r stori’r Lindys Llwglyd Iawn, un o’r dechrau, canol a’r diwedd.  *Begin to create a storyboard. Draw three foods of your choice from the story Y Lindys Llwglyd Iawn, one from the beginning, middle and end.* | Ewch am dro i arsylwi natur a chwiliwch am nodweddion y rhestr. Mae tair rhestr wahanol i chi ddewis ohoni.  *Go for a walk and looks for the signs noted on the list. There are three different lists for you to choose from.* | Labelwch eich bwrdd stori. Ysgrifennwch enwau’r bwyd ar gyfer dechrau, canol a diwedd eich bwrdd stori.  *Label your storyboard. Write the names of the food for the beginning, middle and end of your storyboard.* | Ymchwiliwch sut mae planhigion yn yfed dŵr efo letys neu flodyn a dŵr lliw.  *Explore how plants drink water with lettuce or a flower.* | Perfformiwch a recordiwch sioe Y Lindys Llwglyd Iawn gan ddefnyddio eich pyped, cefndir a bwrdd stori.  *Perform and record the show Y Lindys Llwglyd Iawn using your puppet, background and storyboard.* |
| Ymarferwch eich sgiliau data gan ddosbarthu bwyd Y Lindys Llwglyd Iawn mewn i fwydydd iach ac afiach.  *Practice your data skills by sorting the Lindys Llwglyd Iawn food into healthy and unhealthy foods.* | Peintiwch lindys efo eich bysedd neu ddwylo.  *Paint a caterpillar with your fingers or your hands.* | Holwch eich teulu beth yw ei hoff fwyd gan gofnodi’r data efo marc yn y cylch cywir.  *Ask your family what their favourite food is and note the data by putting a mark in the correct circle.* | Creuwch bili pala cymesur gan ddefnyddio eich dwylo fel templed.  *Create a symmetrical butterfly by using your hands as a template.* | Cofnodwch arwyddion y Gwanwyn ar ffurf tali.  *Note the signs of Spring as tally.* |