**Gweithgareddau Meithrin**

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| **Wythnos 3** |
| 1 | 2 | 3 | 4 | 5 |
| Dechreuwch greu fwrdd stori. Tynnwch lun tri bwyd o’ch dewis o’r stori’r Lindys Llwglyd Iawn, un o’r dechrau, canol a’r diwedd. *Begin to create a storyboard. Draw three foods of your choice from the story Y Lindys Llwglyd Iawn, one from the beginning, middle and end.*  | Ewch am dro i arsylwi natur a chwiliwch am nodweddion y rhestr. Mae tair rhestr wahanol i chi ddewis ohoni. *Go for a walk and looks for the signs noted on the list. There are three different lists for you to choose from.*  | Labelwch eich bwrdd stori. Ysgrifennwch enwau’r bwyd ar gyfer dechrau, canol a diwedd eich bwrdd stori.*Label your storyboard. Write the names of the food for the beginning, middle and end of your storyboard.*  | Ymchwiliwch sut mae planhigion yn yfed dŵr efo letys neu flodyn a dŵr lliw. *Explore how plants drink water with lettuce or a flower.* | Perfformiwch a recordiwch sioe Y Lindys Llwglyd Iawn gan ddefnyddio eich pyped, cefndir a bwrdd stori. *Perform and record the show Y Lindys Llwglyd Iawn using your puppet, background and storyboard.*  |
| Ymarferwch eich sgiliau data gan ddosbarthu bwyd Y Lindys Llwglyd Iawn mewn i fwydydd iach ac afiach. *Practice your data skills by sorting the Lindys Llwglyd Iawn food into healthy and unhealthy foods.*  | Peintiwch lindys efo eich bysedd neu ddwylo. *Paint a caterpillar with your fingers or your hands.*  | Holwch eich teulu beth yw ei hoff fwyd gan gofnodi’r data efo marc yn y cylch cywir. *Ask your family what their favourite food is and note the data by putting a mark in the correct circle.*  | Creuwch bili pala cymesur gan ddefnyddio eich dwylo fel templed. *Create a symmetrical butterfly by using your hands as a template.*  | Cofnodwch arwyddion y Gwanwyn ar ffurf tali. *Note the signs of Spring as tally.* |